

# Cedarday Living

December 2018

A Social Magazine for the Residents of Cedarday,  
The Estates of Cedarday and Cedar Hill.



Meet  
**Dr. Kendal O'Hare,**  
Concierge Physician



# LYNCH PRIMARY CARE, CONCIERGE MEDICINE

## Dr. Kendal O'Hare

**Dr. Kendal E. O'Hare, MD is a Board Certified Family Physician who will be joining Lynch Primary Care, Concierge Medicine in Bel Air, Maryland. She will be the newest member of the practice which includes Dr. J. Kevin Lynch, an office manager and two medical assistants.**

Dr. Lynch has been in practice for more than 20 years but his concierge practice has only been available since 2009. As the name suggests, this medical office offers concierge medicine in a private practice setting.

Dr. O'Hare has been practicing medicine for over 10 years with much of her time spent teaching future family medicine physicians. She found that she missed having her own private patients and wanted to get involved with her local community. Becoming a part of Lynch Primary Care is the change she needed with the added benefit of being closer to home with her children.

One major misconception of concierge medicine is that it is only for the wealthy, which is not the case. It costs patients less than \$5 a day and couples/families have discounted rates for additional members. The cost includes every office visit, any in-office test or procedures, vaccines, etc. They limit their patient panel size to less than 400 patients versus traditional practices which have anywhere from 3,000-5,000 patients. Their patients have 24/7 access to the physicians, along with same-day appointments, longer office visits, etc.

Dr. O'Hare was born and raised in a small town near Birmingham, AL. She graduated cum laude



Dr. Kendal O'Hare

with a major in Biology from Birmingham-Southern College. She earned her medical degree and went on to complete her training in Family Medicine at Virtua Family Medicine Residency, affiliated with UMDNJ in southern New Jersey. She and her family have lived on Cedar Knoll Court since 2015. Her husband of 14 years is also in medicine, practicing as a surgeon of Urogynecology. They have three children, aged 8, 6 and 3. When they're not busy with their children's school and after-school activities, they enjoy playing tennis, trying new restaurants and traveling.

Visit them on the Internet to find out more about the services and unique approach to medical care. They are located at:

### **Lynch Primary Care; Concierge Medicine**

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